

ALTONA LIFE SAVING CLUB

COMPETITION TEAM GUIDELINES

Purpose:

To outline the expectations of our Club from our members participating in the competition program as well as providing athletes clarity on the selection criteria for teams and ensuring all athletes get an opportunity to participate in general carnivals. We acknowledge selection is challenging in our sport and we ask all members to respect the dedication and commitment of all members in this process.

Guidelines:

1. The Club plays an active role in competitive carnivals. Participation by members is voluntary.
2. If a member would like to join the competition program commitment is required to attend at least 50% of all training sessions, the majority of nominated carnivals, pay the competition levy, participate in other areas of our Club and fulfil the pre-requisites in the LSV Competition Handbook and SLSA Sport Manual.

<https://www.manula.com/manuals/surf-life-saving-australi/surf-sports/1/en/topic/introduction>
3. Each family must nominate a person to volunteer as an official, water safety, age manager, coach or provide another form of volunteering to our Club – we cannot attend carnivals without this support.
4. We have a Competition Selection Panel that includes the coach, the team manager, the director of sport and if determined required by the panel up to 2 additional committee members.
5. All athletes can compete at carnivals for ALSC (or in composite teams for other clubs) as individuals, partners or teams.
6. At general carnivals athletes can compete in all individual events (subject to the athletes safety and weather conditions).
7. At general carnivals athletes who have nominated to compete as a partner or in a team will need to be selected for that partnership or team. Where possible efforts will be made to enable each athlete to compete in a partnership or team at least once during each general carnival.
8. At special carnivals some individual events require athletes to qualify before competing. Except for qualifying events all athletes can compete in individual events (subject to the athletes safety and weather concerns).
9. At special carnivals partnership and team events are a bonus. Not all athletes will have the opportunity to compete in these events.
10. The Selection Panel will decide which athletes will represent our Club.

11. The selection Panel will review skill, attitude and team dynamics of athletes in making their decision on team selections.
 - Skill: measured on the athlete's ability to complete the event with skill and speed having regard for the weather and surf conditions on competition day.
 - Attitude: to our Club, application of our values, adherence to the code of conduct, efforts at training and within the Club, training attendance, respect to fellow members and reliability and behavior at carnivals.
 - Team Dynamics: the ability of athletes to perform well together and support each other, the combination of skills required for the event and ensuring our Club is represented well.

Changes to partners and teams can be made after selection and on competition day having regard to athletes safety, weather conditions, team dynamics and athlete attitude. Changes can be made by the coach and team manager.

12. Efforts will be made to place our members in partners and teams before combining with other clubs. This can include moving athletes into other age groups. At junior level athletes in their prescribed age group will have priority over moving another athlete into a higher age group. At senior levels athletes can be asked to move age groups and displace athletes in their prescribed age group.
13. If you are representing ALSC in competition you will compete in ALSC uniform. If you have your competition rights with another club you need to notify the Selection Panel at the beginning of the season and abide by all LSV rules.
14. Senior athletes (Under 14s and above), except for first year SRC, must provide the Club a minimum of 16 hours patrol service to be eligible to compete.
15. Senior athletes are encouraged to focus their training and competition entries in a single genre (eg sand, water, R&R, surf boats). Selection is expected at the beginning of the season and any changes are to be discussed and agreed with the relevant coach.
16. A breach of the code of conduct can disqualify any athlete from competing for our Club.
17. If an athlete is unable to meet any Club competition requirement due to special circumstances that athlete must seek an exemption from the Selection Panel as early as possible for the Selection Panel to take it into consideration.
18. Below are examples of special circumstances that may be considered:
 - Athletes that are living more than 100km from our Club;
 - Clashing training commitment with a sport that exhibits like for like training (eg, swimming, athletics, running, triathlons) – athletes who are solely dedicated to our training programs may be given priority;
 - Scheduled late arrivals due to study or work commitments – as long as these do not interfere with all training requirements.

Conditions may be placed on an athlete by the Selection Panel as part of an exemption. By way of example alternative training schedules agreed with an athlete unable to attend 50% of training. Exemptions will be communicated by the Selection Panel by email and are confidential between that athlete and the Selection Panel.

19. Our Club appreciates that our members have other life commitments however competition is voluntary and all athletes have a fair opportunity to compete in individual events. We respect the commitment of athletes prioritising their training over other life choices and we will keep this in our considerations in the selection process on Attitude.
20. The Selection Panel is made up of volunteers. Athletes and their families will ensure they respect all decisions made even if they don't agree with them.

Special Carnivals means qualifying carnivals, state titles, interstate, national titles.

General Carnivals means any carnival that is not a Special Carnival.



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